

**Fastest Way
To Prepare**

**Security
(Deception, Defense, & Destruction)**

And Recommended Training

Security

Deflecting Attention Using Deception
Early Notification
Passive Defense Preventing Entry
Kinetic Defense From Attack

Deflect Attention

Identify the "Baseline"
Compare Yourself to the Baseline
Car, Clothes, Toys
Trash Discipline
Announcing When Your Home is Empty

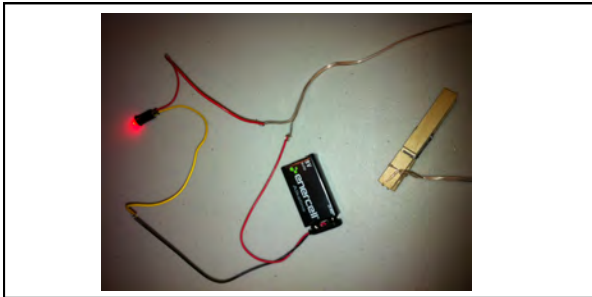
Early Notification (Off the Shelf)



Improvised Alarm

- Clothespin
- 9v battery
- Light/buzzer
- String & trash







Passive Defense Against Attacks

- Lock/hinge screws that go into header (door frame)
- Window film
- Dogs
- Motion lights
- Door stop
- Sheets of plywood
- & 2 of my favorites

Two of my Favorites (Simple, Quick, Effective)



KatyBar.com



BuddyBarDoorJammer.com

1. Make Yourself an Undesirable Target
2. Make Yourself Hard to Get To
3. If They Still Come...

- Options
- Firearms
- Sticks/Blades
- Chemicals (Pepper Spray)
- Tasers or Stun Guns
- 1001 Improvised Items

- Body Weight and Focus

Fighting vs. Eliminating a Threat

- No Gloves, Tape, or Padding
- No Medical Care or Recovery Time Before Your Next Flight
- No Referee Stoppages
- No Trading Blows
- No Rules

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When your life depends on your choice, do you want to wrestle or trade blows with a bigger, stronger, faster opponent when they're at their peak or when they're unable to defend themselves?

Targets for Dirty Strikes

- Scratch or Poke Eyes
- Forearm Through Throat
- Vasovagal (side of neck) Strike
- Groin
- Bladder
- Knee
- Limited Options are Good! Look for the Closest Target and Attack.

In a Life vs. Death Situation, NEVER Simply Strike These Targets!

Strike 1-2 Feet BEYOND Your Target

You Should End Up Standing Where They Were

Same Targets & Fundamentals Work With Blades & Impact Weapons

The Goal Isn't To Get Them To Change Their Mind About Attacking You...

It's To Take Them To Non-Functional So They CAN'T Keep Attacking You

Live Training

Local or Travel for Training?

LOCAL

- Lower Cost
- Less Travel Time
- Distractions of Home
- Lower Level of Commitment
- Quality: Best in your Area
- More Training per Year
- Meet People

TRAVEL

- Travel, Lodging, Food
- More Travel Time
- Fully Engaged
- Higher Level of Commitment
- Best in the Nation
- Less Training Per Year
- Anonymity

Suggested Training (Local)

- Medical & Tactical First Responder (LEO/MIL)
- Wilderness Survival/Edible Native Plants
- Firearms
- Executive Protection/Dignitary Protection
- Herbal Medicine/Aromatherapy
- Permaculture/Hydroponics/Aquaponics
- 2600 and/or lock picking meetups
- Suture/stapling course

Training Worth Traveling For

- Target Focus Training (Empty Hands Defense)
SurviveInPlace.com/targetfocustraining
- Gunsite.com (Firearms and Emergency Medical)
- InsightFirearmsTraining.com
- Tony Scotti (VehicleDynamics.net)
- IceTraining.us

Questions? Comments?

David@SurviveInPlace.com
